



Stations of the Cross is traditionally a series of meditations which follow through the story of the last hours of Jesus life; starting with his trial before Pilot and ending with Jesus being laid in the tomb. There are 14 stations following Jesus journey generally focusing on images, as well as listening to the story. Each station ends with a prayer. Pilgrims often sing a hymn as they walk between stations. Often the meditation now ends with a 15th station which turns us to the resurrection. Depending on the pattern used, Stations of the Cross lasts about 30 minutes.

**There will be meditation on
the stations Sunday
Sunday 18th February and
25th March at 5 pm**