



# ***Keeping a Holy Lent with St Anne's 2018***

*Lent starts with Ash Wednesday on the 14th February 2018 and will continue through to our celebration of Easter on the 1st April. During Lent our faith is focused through prayer, charity and fasting.*

## **Ash Wednesday - 14th February**

Said Mass with imposition of ashes—**8.30am**

Sung Mass with imposition of ashes - **7.30pm**

## **Stations of the Cross**

Stations of the Cross is traditionally a series of meditations which follow through the story of the last hours of Jesus life. Using images and prayers which lasts around 30 minutes.

**Meditation on the stations : Sunday 18th February & 25th March at 5 pm**

## **Lent Retreat**

This year on Saturday 3 March we will have a Quiet Day/ retreat at St Anne's. There will be focused meditation and reflection as well as much silence. We will start at 9.30—3.30pm. A simple lunch will be provided.

Please sign up in church. Cost £5

## **Lent Reflection—Meditation on 40 bags in 40 days**

We are each invited to declutter our lives of things, issues or concerns during the 40—one small bag each day!

## **Praying the Rosary as consider the story of the Passion**

On Wednesday evenings during Lent, starting on the 21st February we will say the from 7pm—7.25pm, prior to Mass.