



Lent

Keeping a Holy Lent with St Anne's 2019

*Lent 6th March and will continue to our celebration of Easter on 21st April.
During Lent our faith is focused through prayer, charity and fasting.*

Ash Wednesday - 6th March

Said Mass with imposition of ashes—**8.30am**

Sung Mass with imposition of ashes - **7.30pm**

Stations of the Cross

Stations of the Cross is traditionally a series of meditations which follow through the story of the last hours of Jesus life. Using images and prayers which lasts around 30 minutes.

Meditation on the stations : Sunday 24th March and 7th April at 5 pm .

Lent Quiet Morning

This year on Saturday 23rd March we will have a Quiet Day at St Anne's. There will be focused meditation and reflection as well as much silence. We will start at 9.10am—3pm A simple lunch will be provided.

Please sign up in church. Cost £5

Lent Reflection—Meditation on 40 bags in 40 days

We are each invited to declutter our lives of things, issues or concerns during the 40—one small bag each day!

Lent Study—Wednesday Evenings in Lent

The sessions will include input, silent reflection and discussion. Each session will last 1 hour, and the at 8pm we will have communion for those who would like to stay. 13th & 20th March; 3rd and 10th April—7pm Lent Study. 27th March—Jesus Christ: The Unanswered Questions at St Paul's Cathedral 6.30-8pm with Rowan Williams.